

Exposure Control Plan for Blood and Bodily Fluids

In accordance with the Occupational Health and Safety Administration (OSHA), Bloodborne Pathogens standard 29 CFR 1910.1030, the following exposure control plan has been developed by (name) _____ for (company) _____ and we require the use of Standard Precautions by all employees.

A. Exposure Determination

The company has specified which child care staff and directors are designated first aid providers and carry a valid First Aid and CPR card. Provision of first aid is a collateral duty. A complete list of designated first aid providers is kept in _____.

Incidents where exposure may occur:

- ✓ direct pressure to a bleeding wound, cleaning or bandaging a wound
- ✓ assisting someone who is bleeding
- ✓ cleaning spills of blood or other potentially infectious materials
- ✓ rescue breathing or CPR
- ✓ skin puncture due to a human bite

B. Standard Precautions

An approach to infection control in which all human blood and certain human body fluids are treated as if known to be infectious for HIV, Hepatitis B, Hepatitis C and other bloodborne pathogens.

C. Work Practice Controls

- ✓ Handwashing: Use running water and soap. The use of an appropriate hand cleanser (such as Purell) is acceptable if running water is not available. Wash hands after removing gloves.
- ✓ No eating, drinking, smoking, applying makeup, or handling contact lenses in areas where first aid is provided.
- ✓ First Aid kits are available in _____.
- ✓ Disposable gloves will be available in _____. Gloves will be used as needed to prevent contact with employee skin, mucous membranes, etc. Gloves must be worn when providing first aid or whenever blood is present. Gloves are also to be worn when changing soiled clothing. Non-latex gloves will be provided to any staff member or for children with a latex allergy.
- ✓ CPR resuscitation masks are available in _____.
- ✓ Spill control kits are available and are kept in _____.
- ✓ Contaminated laundry will be cleaned at no cost to the employee. Laundry will be properly handled at the location of use, sent to a commercial laundry, or safely discarded and replaced. The commercial laundry facility will be informed of the presence of blood.
- ✓ Contaminated sharps (needles, glass) are placed in appropriate labeled containers and disposed of properly.
- ✓ Cleaning and disinfecting (always wear gloves)
 - Clean using water to remove contamination; followed by a general cleaning using soap and water. When appropriate flush this solution down the drain.
 - Disinfect surface using a solution mixed according to manufacturer's instructions. This solution must be made daily.

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- Dispose of all towels/tissues and gloves properly.

D. Hepatitis B Vaccination and Post Exposure Incident Follow-up

An exposure incident means a specific eye, mouth, other mucous membrane, nonintact skin, or parental (needle or other sharp object) with blood or other potentially infectious material that results from the performance of an employee's duties.

- ✓ Hepatitis B vaccination will be offered to an employee within 24 hours following a first aid incident in which blood or other body fluids *were present*.
 - *Note:* If an employee refuses the vaccination, then the employee will sign a form declining the offer of the Hepatitis B vaccination.
- ✓ All first aid incidents involving the presence of blood or other body fluids must be reported and documented immediately to the person in charge. *Refer to the Accident or Incident Report.*
- ✓ Post exposure follow-up will be made available to all employees who have had an exposure incident. Situations will be evaluated after every first aid incident to determine if an exposure has occurred.
- ✓ All medical evaluations/procedures, vaccine series, post exposure evaluation and follow-up will be made available to the employee at no cost at a reasonable time and place.

E. Post Exposure Evaluation and Follow-up

- ✓ Following a report of an exposure incident, the exposed employee will have a confidential medical evaluation and follow-up made available immediately.
 - Documentation of the route of exposure & evaluation of circumstances
 - Identify and document the source individual
 - Post exposure prophylaxis
 - Provide the healthcare professional with information
 - Health care professional's written opinion
- ✓ The employee who has an exposure incident will document the circumstances, including an evaluation of the policies being followed and "failures of controls" at the time of the incident. The written evaluation will be reviewed by the Center Director and passed onto the center's Child Care Health Consultant for a second review.
- ✓ Confidentiality will be maintained; Medical Records will be kept confidential.
- ✓ A training program will be provided to all employees who are assigned any responsibility for providing first aid and at least annually.

By signing below, I agree that I have reviewed my employer's exposure control plan above.

Employee Name _____

Employee Signature _____ **Date** _____