

AHA BLS Instructor-Led Training



The BLS Course trains health care personnel to promptly recognize several life-threatening emergencies, give high-quality chest compressions, deliver appropriate ventilations and provide early use of an AED.

In the Instructor-led course, students participate in simulated clinical scenarios and learning stations. Students work with an AHA BLS Instructor to complete BLS skills practice and skills testing. Students also complete a written exam.

Features

- Updated science and education from the new *2015 AHA Guidelines Update for CPR and ECC*
- Instructor-led, hands-on class format reinforces skills proficiency
- Emphasis on high-quality CPR including a team dynamics classroom activity
- Video-based course with real world scenarios

AHA CPR Heartsaver® Courses

Heartsaver courses are designed for anyone with little or no medical training who needs a course completion card for job, regulatory (for example, OSHA), or other requirements. These courses can also be taken by anyone who wants to be prepared for an emergency in any setting. For many Heartsaver courses, students receive a course completion card that is valid for 2 years.

Course Options



Heartsaver classroom courses are video based, are instructor led, and feature group interaction and hands-on coaching and feedback from an American Heart Association Instructor. Skills are taught with the AHA's research-proven practice-while-watching technique that allows students to practice skills as the video guides them.

Classroom courses may also be conducted on-site at a company's location.